

**ADD/ADHD Management at HealthPark Pediatrics**  
*Medication for ADD/ADHD is not always offered or appropriate for all patients.*

**HealthPark Pediatrics** uses standardized rating scales to assess and determine if a patient meets criteria for the diagnosis of ADD/ADHD.

**Initial ADD/ADHD Assessments**

*Elementary and middle school children are evaluated using the Vanderbilt Scales.*

[Initial Parent Vanderbilt Assessment Form](#)

[Initial Teacher Vanderbilt Assessment Form](#)

We require two completed Initial Parent Vanderbilt Forms, one from each parent  
(We do not accept forms that are completed together)

We require two completed Initial Teacher Vanderbilt Forms, one each from two core subject teachers  
(PE, band and art do not count)

High School and college students are evaluated using the ADHD-Rs Assessment Form

[Teen's ADHD-Rs Assessment Form - Not on Medication](#)

Please have your child complete one form

We require one completed form from each parent and two core subject teachers  
(PE, band and art do not count)

*Parents and Teachers: This form can be challenging because it is structured from the patient's perspective. Please answer what you can and feel free to write a brief summary about your observations.*

**Once all required forms are received and reviewed an appointment can then be scheduled**

**Initial Assessment Consultation for ADD/ADHD Diagnosis**

During the initial phase of medication treatment, office visits will need to occur monthly to fine tune the medication for your child. Once ADD/ADHD symptoms are stable, visits will occur every 3 to 6 months. Medication for ADD/ADHD is not always offered or appropriate for all patients.

*Requirements prior to scheduling an Initial ADD/ADHD Evaluation appointment:*

Please complete and return the Initial Assessment Forms. When all forms are returned to our office, our ADD/ADHD Coordinator will call you to schedule an appointment.

If the patient has been evaluated by another facility, those records, along with new assessment forms must be received prior to scheduling an appointment.

If the patient is transferring to us and is currently being managed by another provider, medical records are required prior to scheduling an appointment.

Following the Initial ADD/ADHD visit, our ADD/ADHD Coordinator will be contacting you to perform a medication phone follow-up and schedule any needed future appointments.

**ADD/ADHD Follow-up Appointments**

For careful management of ADD/ADHD patients on medication, HealthPark Pediatrics requires an ADD/ADHD follow-up appointment every 3-6 months. Assessment forms are required annually.

[Follow-Up Parent Vanderbilt Assessment Form](#)

[Follow-Up Teacher Vanderbilt Assessment Form](#)

[Teen's ADHD-Rs Follow-Up Assessment Form - On Medication](#)

**ADD/ADHD Follow-up appointments occur independently from wellness exams because of the time needed to assess not only his or her response to medication, but also performance in school, at home and during extracurricular activities.**

**This is our office policy.**