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ADD/ADHD Management at HealthPark Pediatrics

Medication for ADD/ADHD is not always offered or appropriate for all patients.

HealthPark Pediatrics uses standardized rating scales to assess and determine if a patient meets criteria for the diagnosis of ADD/ADHD. Forms for initial diagnosis and follow-up assessments can be located on our website under Forms.

Initial ADD/ADHD Assessments

Elementary and middle school children are evaluated using the Vanderbilt Scales.

We require two completed Initial Parent Vanderbilt Forms, one from each parent
(We do not accept forms that are completed together)

We require two completed Initial Teacher Vanderbilt Forms, one each from two core subject teachers
(PE, band and art do not count)

High School and college students are evaluated using the ADHD-RS Assessment Form
(ADHD-RS Not on Medication)

Please have your child complete one form

We require one completed form from each parent and two core subject teachers
(PE, band and art do not count)

Parents and Teachers: This form can be challenging because it is structured from the patient's perspective.
Please answer what you can and feel free to write a brief summary about your observations.

An appointment can be scheduled once all four completed forms are received, reviewed and scored by a physician.

Initial Assessment Consultation for ADD/ADHD Diagnosis

During the initial phase of medication treatment, office visits will need to occur monthly to fine tune the medication for your child. Once ADD/ADHD symptoms are stable, visits will occur every 3 to 6 months. *Medication for ADD/ADHD is not always offered or appropriate for all patients.*

Requirements prior to scheduling an Initial ADD/ADHD Evaluation appointment

Please complete and return the Initial Assessment Forms. When **all forms** are returned to our office, our ADD/ADHD Coordinator will call you to schedule an appointment.

If the patient has been evaluated by another facility, those records, along with new assessment forms must be received **prior** to scheduling an appointment.

If the patient is transferring to us and is currently being managed by another provider, medical records are required **prior** to scheduling an appointment.

Following the Initial ADD/ADHD visit, our ADD/ADHD Coordinator will be contacting you to perform a medication phone follow-up and schedule any needed future appointments.

ADD/ADHD Follow-up Appointments

For careful management of ADD/ADHD patients on medication, HealthPark Pediatrics requires an ADD/ADHD Follow-up appointment every **3-6 months**.

ADD/ADHD Follow-up appointments occur independently from wellness exams because of the time needed to assess response to medication, but also performance in school, at home and during extracurricular activities.

This is our office policy.

Insurance and Medication

Your prescription benefit plan may require prior authorization for ADD/ADHD medication. To assist you, we have posted a list below of commonly prescribed medications used to treat ADD/ADHD.

You will need to contact your insurance company and ask them 'which ADD/ADHD medications are covered in your preferred prescription benefits' in order to determine your benefit coverage.

ADD/ADHD Meds Commonly Prescribed Medications (Brand and Generic)

Short-Acting:

<u>Name Brand</u>	<u>Generic</u>
Adderall	Amphetamine/Dextroamphetamine
Focalin	Dexmethylphenidate
Ritalin, Methylin	Methylphenidate

Long-Acting:

<u>Name Brand</u>	<u>Generic</u>
Adderall XR	Amphetamine/Dextroamphetamine XR
Focalin XR	Dexmethylphenidate XR
Concerta, Metadate CD/ER, Ritalin LA/SR, Methylin	Methylphenidate ER
Adzenys XR-ODT	No Generic
Daytrana	No Generic
Evekeo	No Generic
Quillivant	No Generic
Vyvanse	No Generic

Non-Stimulant:

<u>Name Brand</u>	<u>Generic</u>
Strattera	Atomoxetine
Intuniv	Guanfacine
Kapvay, Catapres	Clonidine

Commonly Referenced Websites for ADD/ADHD Education:

American Academy of Pediatrics	https://services.aap.org/en/search/?context=all&k=adhd
CDC Attention-Deficit/Hyperactivity Disorder	https://www.cdc.gov/ncbddd/adhd/guidelines.html
CHADD	https://chadd.org/

ADD/ADHD Assessment Forms

Our office policy requires follow up assessment forms annually

- [Initial Parent Vanderbilt Assessment Form](#)
- [Initial Teacher Vanderbilt Assessment Form](#)
- [Teen's ADHD-Rs Assessment Form - Not on Medication](#)

- [Follow-Up Parent Vanderbilt Assessment Form](#)
- [Follow-Up Teacher Vanderbilt Assessment Form](#)
- [Teen's ADHD-Rs Follow-Up Assessment Form - On Medication](#)

Forms & Policies

Office Policy for Completion of School/Camp/Physical/Medication Forms

- We will work to have your forms completed in 5 business days. However, during high volume times (June-September); your forms may take up to 7 business days. We will not complete forms on weekends.
- Make sure that you know the turnaround time needed and provide us the forms in enough time to help you meet that timeframe.
- We will try to work to accommodate a "PRIORITY" completion request, for special circumstances, and have your forms available within 1 -2 business days for a fee of \$20 for each set of forms for each child. We cannot guarantee all PRIORITY requests, as this depends on staffing and volume of forms needing to be completed.
- Parents are asked to bring the complete packet with the parent/guardian portions of the forms and have the child's name and date of birth on each page.
- Make sure your child has had a physical within the past 12 months or schedule a current physical prior to your forms completion request.
- Give the forms to the Check In-Staff. Make sure to confirm your telephone number and email so we may notify you when the forms are completed.

HealthPark Pediatrics ADD/ADHD Policy

We will not refill medications prescribed by other providers

ADD/ADHD Follow-up Appointments

ADD/ADHD Follow-up appointments and annual physicals must be kept up to date. If not, an appointment must be made before refills will be provided. Patients 18 years and older must have an updated HIPAA form on file before we can discuss any health-related information, medications and/or appointments anyone other than the patient directly. Parents of adult patients cannot request medication changes.

Medication follow-up appointment will occur independently from annual physical exams per our office policy. Failure to keep these appointments can result in denial of medication refills.

ADD/ADHD Refill Medication Policy

There is a minimum 5 business day notification required for medication refills. ADD/ADHD medications are not considered emergency medications. Refills will not be handled on weekends or holidays.

ADD/ADHD Assessment Forms

When Follow-up assessment forms are required, please make sure to bring the completed forms to your appointment. If you do not bring your forms, you may be asked to reschedule your appointment.

Assessment forms are required annually. Failure to provide annual assessment forms can result in denial of medication refills.